



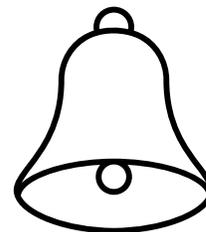
Wednesday  
November 16, 2022

# Heritage Woods Secondary

"WE ARE KODIAKS"



## Bell Schedule



<b>Block 1</b>	<b>8:00 – 9:12</b>
<b>Block 2</b>	<b>9:16 – 10:28</b>
<b>FLEX</b>	<b>10:28 – 10:59</b>
<b>Block 3</b>	<b>11:03 – 12:15</b>
<b>LUNCH</b>	<b>12:15 – 12:55</b>
<b>Block 4</b>	<b>12:59 – 2:11</b>
<b>Block 5</b>	<b>2:15 – 3:27</b>

# FLEX<sub>pectations</sub>

**FLEX is instructional time, not a break!**



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
  - \* NOT a space for groups to hang out
- Grade 12s ONLY in the Grand Hall

No homework?  
Read, Study, Review

UPCOMING GRAD EVENT

# WINTER FORMAL

## Info:

- Semi-Formal Dress Code
- 6:30-9:00pm  
(6:15 doors open)
- DJ
- Food
- Grade 12s only

Theme:  
Blue Silver  
White

## Cost:

\$25 early bird (Nov 21-30)

\$30 late rate

Payment through the office or school cash online



December 13th

# *Move4MANA: BONUS!!!*



This is our LAST week.

We are providing an *opportunity* to get *more points!*

**HOW:** If you get 500 points in a *day*, you will receive...

**2500 BONUS points !!!**

So get going for our Last Week!

Good luck, have fun, and stay *Active For Good!*

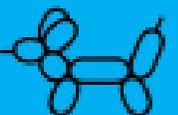


# MOVE4MANA BALLOON TAG CHALLENGE

**WHEN?** Wednesday, November 16

**WHERE?** Grand Hall

**HOW?** Everyone has a balloon, and the goal is to pop other peoples. Winner gets a **prize!**



# App spotlight of the week: Discord

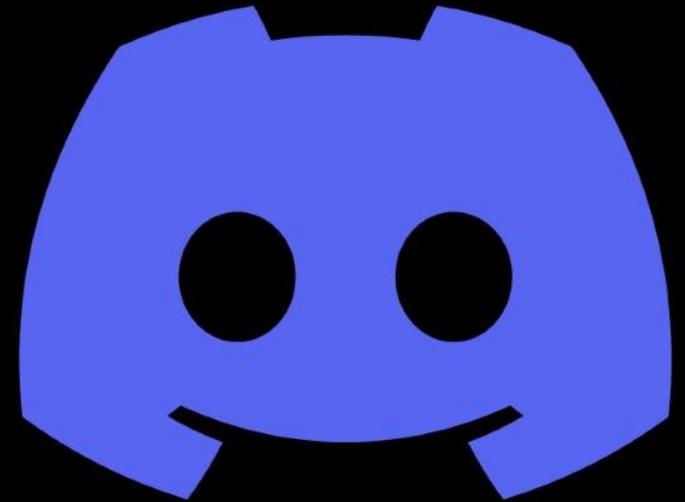
## What is discord?

Discord is a communication app that allows you to make servers with sub sections (channels), and voice channel

## How much is discord?

Free to use, premium available

Download in the app store,  
Google play store, or join online



Find out more about  
discord on the  
[@hwss.tech.talks](#)  
Instagram page

**COME TO STUCO'S  
TIM HORTONS**



**NOVEMBER 17th AND  
18th AT LUNCH IN THE  
GRAND HALL**

**\$5 FOR 10    \$10 FOR 22**



# KWAP Clothing Drive

- **WHEN:** November 2<sup>nd</sup> – November 23<sup>rd</sup>
- **WHERE:** Drop-off sign in front of Ms. Nunn's office (opposite wall to school office)
  - **WHAT:** ADULT winter clothing
  - **WHO:** Anyone is welcome to donate!
- Donations will go to the **Hope for Freedom Society**

## International and ELL Student Field Trip

- Date: 24<sup>th</sup> November
- Time: 9 AM – 3 PM
- Place: Boat Cruise and Granville Island
- Buffet lunch included

Space is limited. See Ms. Lee or Ms.  
Mak for consent forms ASAP.  
Deadline for sign up: 15<sup>th</sup> Nov





**Could the following students please come to the office to see Ms. Hall**

- Nick R. - Parking Pass
- Matthew B. – Student Card
- Kai H. – Student Card
- Ethan A. – Student Card
- Yuna K. – Student Card

# *Interested in Design? Photography? Art Direction?*

Join us on November 21st at 8 am room 300 and meet one of the top Art Directors in the Lower Mainland:

Vida Jurcic was an **in-house art director/designer at the Hudson's Bay Company and Woodward's Department Stores**, She has worked at the largest advertising agencies including DDB and BBDO as a senior creative director handling many fashion accounts prior to opening her own ad agency, Hangar 18 Continuum. Vida is also a professor at the IDEAS program, Cap. U and a portfolio judge on various panels including Applied Arts Magazine in 2019.

Open to all; brought to you by the Yearbook Team.



## CLC12 MEETING TIMES

Hey grade 12's! Please attend your scheduled FLEX time according to the sectioned schedule below.

TBC	Ms. Fester	Rm 102
TBC	Ms. Gay	Rm 103
TBC	Ms. Lee	Rm 244
TBC	Ms. Saloustros	Rm Theatre
Tuesday, Nov. 15	Ms. Nunn	Rm 109
Thursday, Nov. 17	Ms. Nunn	Rm 109
Wednesday, Nov. 23	Ms. Jarvis	Rm Theatre
TBC	Mr. Baldus	Rm 311
Wednesday, Nov. 23	Ms. Wood	Rm 202
TBC	Mr. Santarossa	Rm 203
TBC	Ms. Swanson	Library Computer Lab



Mrs. Saloustos' CLC12 class please sign up for  
your Capstone conversation TODAY!

Look at your email for the sign-up link.

# CLUBS

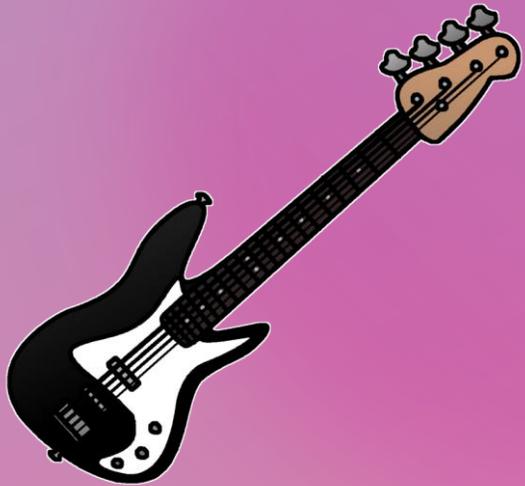




# Rock band club



Do you play bass, guitar, drums, the keyboard, vocals or any other rock band instrument?



Jam with new people, push yourself to learn new things, expand your skills as a musician and have performance opportunities. You get to choose the songs you want to play as a group, Beginner friendly no minimum skill required :)

Meetings will be at lunch, email [127-agladu@sd43.bc.ca](mailto:127-agladu@sd43.bc.ca) or [127-jlee@sd43.bc.ca](mailto:127-jlee@sd43.bc.ca) if interested





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# HISTORY CLUB (FIND LEONIDAS) WED., LUNCH 235

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Every Wednesday at lunch in room 235, Drop in anytime!

Take part in debates, discussions and hands- on activates

A place to learn about the history of earth and humanity

Provides help with Social Studies Homework

Watch Movies (Playing JoJo Rabbit)



HELPING HANDS SOCIETY

# TOY DRIVE

**November 15 - December 15th**

- Toys will be donated to less fortunate children for Christmas
- Please bring toys in good condition
- There will be a box next to the theatre for the toys



HELPING HANDS SOCIETY



# BUBBLE TEA SALE

NOVEMBER 24

**Pre-Reserve Orders:**

**ROYAL MILK TEA + PEARLS**

**\$6.50**

30% ice; 70% Sugar

**BROWN SUGAR MILK + PEARL**

**\$7.00**

30% ice; 70% Sugar





# JOIN THE POWERWARMASTER!

- If you interested in
- -Harhammer
- -Model making
- -Making movie props
- -Making model scene

We will meet you at Room 219 in November 23  
after school!

E-mail: [127-yfeng@sd43.bc.ca](mailto:127-yfeng@sd43.bc.ca)

# LAW CLUB



The Law Club will be showing *Philadelphia* with Tom Hanks and Denzel Washington next week and following it up with an discussion on Human Rights and the Law in Canada.

Students are welcome in room 240 all next week at Lunch



# Club Names & Sponsor Teachers

If you are interested in joining a club pls contact the sponsor teacher!

Art Club – Mr. Ting

Barz Club – Mr. Zenone

Book Club – Ms. Ferrer

Business Club – Mr. Sather

Chess Club – Mr. Sun

Creative Minds Club – Ms. Ross

Curling Club – Ms. Wood

Debate Club – Mr. Zenone

Dungeons and Dragons Club – Mr.

Blake/Ms. Nezil

Economics Club – Ms. Gilder

Enviro Club – Mr. Modder

First Responders – Mr. Baldus

History Club - Mr. Chaffee

Host Club – Mr. Chan

JA Business Club – Mr. Sather

Kodiak Pride – Ms. Leeden

KWAP Club – Ms. Nunn

Law Club – Mr. Aitken

Math Club - Ms. Weinkam

Multicultural Club – Ms. Lee

MUN – Mr. Chaffee

Pediatric Health Alliance - Mr.

Gleckman

Photo Club - Ms. Vickerson

Physics – Mr. Khalili

Quilting Club – Ms. Woods

Robotics – Mr. Au-Lange

# KODIAK ATHLETICS

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# Congratulations to the 2022 Badminton Doubles Intramural Champions:

Tier 1 – Feather Birdies are the Best

Tier 2 – Tall Boys

Tier 3 – Radiant #1

Tier 4 – Yack Tallow

Team Captains that have yet to pick up their \$5 deposits:

- Jai Jai W.
- Derek W.
- Charles R.



# **Handball Intramurals start this Thursday!**

Game schedule will be up on Wednesday!

# CAREER CENTER





## ADULTING 101: PERSONAL FINANCE FOR STUDENTS PREPARING FOR COLLEGE & UNIVERSITY

A Zoom-based financial literacy workshop for grade 10-12 students from UVIC's Gustavson School of Business

[Surveys](#) routinely show Canadians [struggle](#) with their finances—over half [are within \\$200](#) of not being able to cover their bills and debt payments.

High school and university students particularly face struggles. [Rising student debt](#), increasing housing costs, and surging inflation are barriers to success. *Generation Z* not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life.

**So, how can students prepare for the costs of “adulthood” and identify opportunities while at university?**

The Gustavson School of Business at UVic invites all grade 10/11 students to join a free financial literacy workshop. Dr. Michael King leads this interactive session for students to strengthen and prepare their financial footing to enter university life. This workshop will give you a taste of Gustavson and finance through a fun and engaging session.

**This workshop is a good fit if one or more of these apply to you:**

- You are in grades 10-12
- You want to take responsibility for your financial life, starting with mobile banking and day-to-day spending, and are curious about where to start.
- You have questions about your credit score and how it is used to evaluate you for: mobile phone, credit card, apartment rental, summer job, car loan, and much more.
- You want to build up savings and start investing in stocks, bonds, ETFs...
- You are interested in what a university class might be like

The workshop will be delivered on Zoom on **Thursday, November 17<sup>th</sup> at 6:00 pm (PST)**

[CLICK HERE TO REGISTER FOR THE SESSION](#)

Contact Recruitment Manager, Daniel Nair, at [bizrecruit@uvic.ca](mailto:bizrecruit@uvic.ca) for more information



[uvic.ca/gustavson](http://uvic.ca/gustavson)



[@gustavsonuvic](https://www.instagram.com/gustavsonuvic)



# 2023 Junior Firefighter Programs

School District No. 43 is partnering with **both** Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different junior firefighting programs for 2023.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits.

#### EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

#### PRACTICAL COMPONENT

Tests endurance and teamwork skills



**Applications are open Nov. 1–Dec. 2, 2022**

Scan the QR code or go to [43careers.com](https://43careers.com)

- ▶ The Coquitlam academy runs out of 1300 Pinetree Way.
- ▶ The Port Moody academy runs out of 150 Newport Drive.





## November Info Sessions For Students:

Nov 15 – McGill 7 pm in the theatre

Nov 16 – Waterloo 3:30 pm in the library

Nov 22 – U Calgary at flex in grand hall

Nov 23 – Sauder CAP 6pm virtual

Nov 30 – U Alberta at lunch in library computer lab